

INSTRUCTIONS FOR 24 HOUR URINE COLLECTION FOR DIAGNOSTIC TESTING.

1. **IMPORTANT CAUTION:** PLEASE READ AND FOLLOW ALL DIRECTIONS CAREFULLY. MAY CONTAIN SOLUTIONS THAT ARE POISONOUS. DO NOT DRINK, KEEP OUT OF THE REACH OF CHILDREN.
2. You have been given a collection container which will help you conveniently collect a urine specimen.
3. Do not put anything except urine into the bottle and do not pour any liquid or powder out of the bottle.
4. The specimen should be kept refrigerated throughout the entire collection process.
5. Begin the collection procedure early a.m., when you first wake up. Void the first specimen in the toilet, emptying your bladder completely. **DO NOT COLLECT THIS SAMPLE.** Note the time and write it out on the label as the **START TIME.**
6. Collect all urine voided for the remainder of the 24 hour time period into the provided container. **NOTE:** All urine day and night must be saved and put into the collection container.
7. At **EXACTLY** the same time as the day before (**START TIME**), collect the first morning urine into the container. **NOTE:** results are based on the amount of urine collected in a 24 hours period. Samples collected for more or less time may have inaccurate results.
8. Write the **END TIME** on the label and keep refrigerated until arrival to the laboratory.
9. Please ensure that the patient name, date of birth, start date and time and end date and time are on the container.

NOTE: Depending on the test requested by the physician, some samples may require preservative and others do not. If multiple tests are requested and they have different preservative requirements, you **WILL** be asked to perform multiple collections.

If you have any questions, please contact Client Services at 630-527-3450.